

# KIDSPORTS 1<sup>st</sup> & 2<sup>nd</sup> Grade Basketball

For the KS 1<sup>st</sup>/2<sup>nd</sup> grade basketball season, we will be playing a 3 v 3 league.

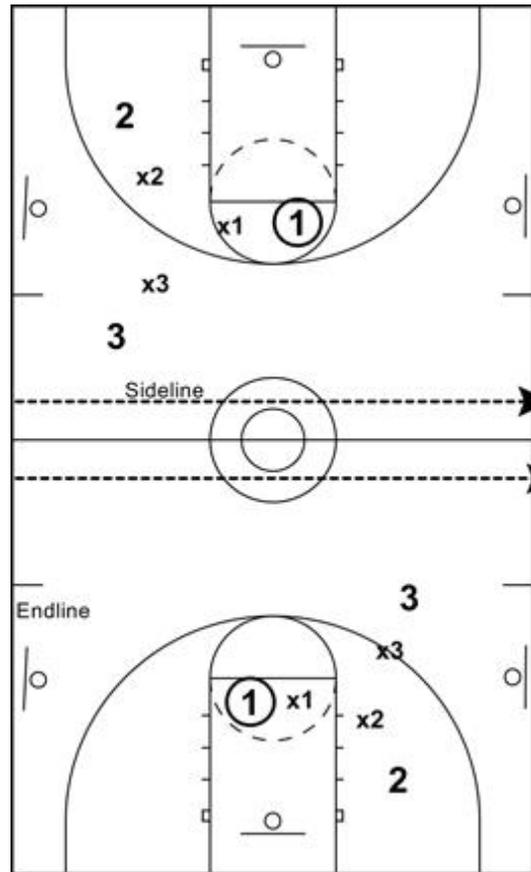
All teams will play their scheduled games under the 3 v 3 format.

KS ran a trial program in 2019 using the 3 v 3 format and it was a resounding success. It is the ideal age-appropriate way to introduce the game of basketball at the 1<sup>st</sup> and 2<sup>nd</sup> grade level.

- Two simultaneous 3v3 ‘full court’ games occur running sideways in a gym using the side baskets shown in the diagram.

## Why play 3v3?

- **Players touch the ball more often.** More touches, shots, handling the ball, passes, rebounds, etc...On average players will touch the ball 1/6 of the time as opposed to 1/10 of the time in 5v5.
- **Everyone has more opportunity** to dribble the ball. All players need to learn to dribble with their head up and look to advance the ball.
- **More room to operate offensively:** spacing concepts are much more easily recognized by the offensive players.
- **Person to Person defensive concepts** and match ups are easier to recognize and identify by the players
- **FUN!!** Most important part of the program!



## 3 v 3 Rules

- 3 v 3 on each court (3 players from one team playing against 3 players on the other team on each of the two courts – see diagram above)
- 8 quarters of 5 minute running clock
- No Stealing off the Dribble
- If a player dribbles continuously for more than a 5 - 6 second count without advancing/retreating to space, then coaches may call a “5” second count/“violation.” Play will be stopped, opposing team will take the ball out of bounds at the level of the call, and play will resume.
- If a player picks up the dribble and does not pass the ball within a 5 – 6 second count, then coaches may call a “5” second count/violation. Play will be stopped, opposing team will inbound the ball at the level of the call, and play will resume.
- Regular basketball rules apply
- No back court guarding
- 1 coach per court to officiate and monitor play