## KIDSPORTS

# Smulti-skill APPLICATION







# Program Staff, Volunteers and Interns

Welcome to Kidsports! We are excited for you to be a part of our organization. There are a few items we need you to complete before getting started.

☐ Fill out the Application and Background check.
☐ Read and sign The Concussion Management Policy.
☐ Attach or send a copy or photo of your ID to <b>AbbeyW@kidsports.org:</b> (State or Driver's License, School ID or Passport)
Complete two short online courses and email certificates to <b>AbbeyW@kidsports.org:</b>
<ul> <li>1.NFHS "Protecting Students From Abuse" online course.         https://nfhslearn.com/courses/protecting-students-from- abuse     </li> <li>2. U of Utah School of Pediatric Medicine "A SHOT TO LIVE"         course:         https://resources.presentations.utah.edu/ashottolive/story_html5.html     </li> <li>Note: The "shot to live" training does not give a certificate of completion- a screenshot of the completion message will do.</li> </ul>

#### Thank you!

Return this packet in person at the Kidpsports Facility or via email to AbbeyW@Kidsports.org as soon as possible.

Please let us know if you have any questions.



### **Application and Background Check Form**

(PRINT NAME	) First:	Middle:	Last:		
Preferred Nan	ne:	Previous Last	Names Used:		
Address:			_ City:		
State:	Zip:	Email Address:			
Cell Phone:	l Phone:Photo ID Provided: Yes On File				
Alternate Pho	ne:	(	☐ Male ☐ Female ☐ Non-bina	ry	
Length of time	e living in Oregon:	D.	O.B//		
Other States o	r Countries lived ir	າ:			
Have you wo	rked for Kidspor	rts before in any capacity? If so, t	ell us when & how!		
Tell us about	your previous e	xperience working with Kids:			
I am interes	sted in working	g as a Lead Counselor 1-2+ years experience	Support Counselor 0-lyrs experience	Counselor in Training (CIT)	
			• •	Little to no experience., ready to learn	
<b>General Di</b> KIDSPORTS		ght to deny any candidate the o	pportunity to coach. Any pers	on serving as a	
KIDSPORTS	S volunteer will	be subject to a background chectates in which you have resided	ck. KIDSPORTS will search th	e Oregon criminal records	
but not limi	<i>ted to:</i> violent c	rimes against people, crimes in	volving the threat of violence	against people, crimes	
	-	ouse, crimes involving imprope I substances, including attempt	•	9	
	4 4	convictions will be determined appeal to KIDSPORTS accordi	· ·	0	
because of a		Yes, I have been convicted of any			
		No, I have not been convicted of a	ny of the criminal felonies describ	oed above.	
	Th	e KIDSPORTS administrative staff ha	as my permission to access my crim	inal records.	
	Signature	signing above, I attest that all information provided is ac	Date		
	ID Verified:		BG Approved:(Int.)	Date:	
	PSFA Received:	(Int.) Date:	CONC Received:(Int	.) Date:	
	STL/Epi Received	l (Int. date)	Application Processed	(Int ) Date:	

#### PARTICIPANT CONCUSSION MANAGEMENT POLICY

Sports-related concussions in youth sports can be serious or even life-threatening situations if not managed correctly. Medical research into sports-related concussions and the management of the athlete with a possible concussion have recently gained a lot of momentum. The Oregon School Activities Association (OSAA) and the Oregon State Legislature have passed initiatives to ensure the safe and appropriate management of all youth sport participants who exhibit signs of a possible concussion. KIDSPORTS believes in providing a safe environment for its youth sport participants, coaches, and families to enjoy, while participating in our KIDSPORT programs. KIDSPORTS will utilize this protocol to appropriately recognize and manage all suspected and diagnosed concussions and allow an injured participant's safe return to activity when medical clearance has been given.

#### Coaches:

KIDSPORTS will require annual training on concussion safety. This can include a website video training tool, or completion of concussion training at a coaches meeting, or upon registering as a coach. Proof of concussion training must be submitted to KIDSPORTS prior to the official start of team practices. Football coaches will be asked to read additional material regarding illegal helmet contact and proper helmet fitting.

ACTive: Athletic Concussion Training for Coaches.

Signs and Symptoms of Concussions:

#### Observed by Parents, Friends, Teachers, Coaches

- Appears dazed and stunned
- Is confused about what to do
- Forgets plays
- · Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness
- Shows behavior or personality changes
- Can't recall events prior to hit
- Can't recall events after hit

#### Symptoms Reported By Athlete

- Headache
- Nausea
- Balance problems or dizziness
- Double or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish
- Feeling foggy or groggy Concentration or memory problems Confusion



#### When a Possible Concussion is Suspected:

If you suspect a participant has a concussion, please implement the follow KIDSPORTS concussion management protocol:

- 1. **Immediately remove the participant from play.** Athletes who experience signs and symptoms of a possible concussion should not be allowed to return to play. "When in doubt, keep them out."
- 2. **Inform the participant's parents or guardians about the known or possible concussion.** Make sure the parents understand the child needs to be seen by a health care professional.
- 3. Ensure that the participant is evaluated by an appropriate heath care professional. It is important that the health care professional (can be child's Primary Care Provider) is trained in proper concussion management.
- 4. KIDSPORTS coaches will report any head injury/concussion to their high school area's Sports Manager. Sport Manager's can be reached at: 541 683 2374
- 5. Allow the participant to return to play only with written permission from a health care professional. KIDSPORTS Coaches require a "return to participation OK" note from the health care professional be given to the participant's coach prior to the participant's return to play.

#### **Post Concussion Symptoms:**

When an athlete returns to play, sometimes the effects from a concussion can linger or reappear and participation should be immediately stopped.

#### Post - Concussion symptoms include:

headache lack of energy
fogginess dizziness, poor balance, lightheaded
difficulty concentrating blurred vision
easily confused sensitive to light and sounds
slowed thought process poor sleep
difficulty with memory mood changes – irritable, anxious, or tearful

I have read and understand the concussion participant management policy:				
Name (Printed)	Date:			
Signature				

#### References:

- **1.** Dr. Michael C. Koester, MD, ATC, Director Slocum Sports Concussion program.
- 2. OSAA Sideline Concussion Guide
- 3. Oregon Center for Applied Science (ORCAS): Concussion Training for coaches